

DSE Assessor Course

Category: Health & Safety

Course Details

Duration: 1 Day

Timings: 09:30 - 16:30

The following topics are covered during the DSE Assessor Course

- Introduction to Ergonomics
- Health and safety at work
- DSE regulations
- Understanding DSE risks
- Anatomy of the spine and discs
- Posture
- The workstation
- Trainer demonstration of assessment and workstation set up
- The working environment
- Organisational issues
- The DSE assessment process

BOOKING

To discuss course contents and booking arrangements, please call SquareOne on:

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